



PRERAK

SAKSHAM

The Rehabilitation and Vocational Training Center for Disabled, Chobeybandha, Rajim, Gariyaband, Chhattisgarh.



An Attempt of PRERAK to Ensure the Life with dignity and self sufficiency for the People with Disability by imparting Various Vocational Training Through SAKSHAM.

SAKSHAM – The Rehabilitation and Vocational Training Centre for Disabled.

(AN ATTEMPT OF PRERAK TO ENSURE THE LIFE WITH DIGNITY FOR PEOPLE OF DISABILITY)

Disabled people have specific needs which are totally ignored by their families and society where they live. Consequently, they are not accepted in the society and remain dependent on others throughout their lives. Proper counseling of parents and appropriate development plan is thus required for each beneficiary according to his/her ability to address his/her special needs. So SAKSHAM came to exist in the year 2009 with fully equipped residential centre with special vocational training, education, and with medical intervention-services for the rehabilitation of disabled people and to assist them to become self-sufficient and productive members of the society.



Through Saksham the orthopedically handicapped, visually handicapped, hearing handicapped and mentally handicap etc are provided with vocational training under the age group of 15-35 years.

This centre is well equipped with the residential facilities for 40 trainees and all the necessary equipments/machineries have been installed according to the training components with the support of GGP Japan. The centre is looked after by the staffs and maintained by the local contribution and donations received from the community. In due course of training programme all the inmates trainees of Saksham are provided with two hot and nutritious meals every day.

The prime objectives of SHAKSHAM are as follows,

1. To impart vocational training and education different disabled person annually in different trades.
2. To generate awareness and bring attitudinal changes in community people towards vocational training and education of disabled person.
3. To promote socio economic condition of physically challenged persons through creating environment in which they can be able enough to generate income by themselves.
4. To provide financial assistance to disabled inform of loans and advances individuals and group of individuals with physically challenged by the way loans and advances for economically and financially viable schemes by the projects.

Enhancement of the skills and capacities of the disabled through vocational training for making them economically self sufficient.

With an intention to generate an environment of no deprivation of the basic need ,any discrimination on the ground of disability and to promote the life with dignity to the disabled section , SAKSHAM- The rehabilitation and vocational training center for disabled functions. Different vocational training is provided to the person with disability as per their educational qualification and interest to sharpen the skills and capacities for their mainstreaming and economic independence.

1. Computer education for visually impaired and severe disabled.

Both boys and girls disabled trainees are enrolled and provided with computer education. Under this programme primarily the office package is trained to the trainees. After the completion of their training efforts are centered to advocate with various private institution for their employment. Besides this dialogue and advocacy is made with Panchayat , block and district level administration and with financial institution to arrange certain financial assistance for their self employment.



2. Tailoring Training for female and severe disabled-



With the guidance and supervision of the professional tailor master the training is imparted to the disabled trainees. The knowledge and ideas of sewing, cutting of different suiting and shirting , embroidery works etc are imparted to trainees. Both male and female trainees are provided training for their self reliant. With the effort of the organisation contact of preparing the school dress materials of different schools are undertaken. What the amount is received from this work is equally divided among the trainees for motivating and encourages them. Soon after the completion of the programme dialogue and advocacy with made with different welfare

department of the government to avail financial assistance to the trainee for their self employment. At present the some trained disabled have become able to earn their livelihood through self employed and some of them have been employed in private tailor shop.

3. Training on file folder making-

People with the disability are supported with the training of file folder making under the super vision and guidance of expert. When the trainee gets expert on the activities of file and folder making then advocacy is made in order to avail financial assistance to purchase the necessary equipments of file folder making. Besides this SAKSHAM take the responsibility of marketing of those entire product produced by the disabled person.

4. Welding and fabrication-

Under this trade basically the disabled male are enrolled. They are trained under the direct supervision and guidance of a trained professional. The knowledge of fabricating and welding is imparted to the trainees practically. Again with the effort of the organization the market facility is generated for the prepared items and it is sold. The trainees are supported with certain reasonable amount of money for their effort. Advocacy and dialogue is made in different level of administration for making avail the financial assistance for their self employment. With the staffs of the organisation these trained trainees are also employed in private welding and fabricating center for their livelihood.



5. Training on Candle making-



Training is imparted to make candle. The knowledge of candle making, preparation of suitable mixture of raw materials and the essential procedure of making the candles etc are taught to the trainee in due course of training period. After the completion of the training the trainee are made available with the required raw materials and the necessary equipments for its preparation with a reasonable price.

Besides this market facility for their produce is also arranged with the effort of the organization. All the trained trainees at present preparing the candle and marketing it for earning their livelihood and have become self dependent.

6. Training on carpentry-



SAKSHAM Provides training on carpentry for disabled people for making them economically strong and sound. Under the guidance and supervision of expert carpenter training is imparted. During the process of training practical training for preparation of wooden furniture are imparted. Apart from this with the effort of the organisation order to prepare the minor wooden work like construction of bench, table , stool etc are carried out by the trainees with the guidance of the professional carpenter. During the process of training the items prepared by the

trainees are sold and the amount of money is distributed with an intention to encourage and motivate them.

7. Brail education-

In order to generate a society with no illiteracy, the organisation imparts free Braille education to the visually impaired children of above age of 15 years. The organisation make avail the opportunity of education for those people who are interested and could not read properly due to certain problem. With proper guidance ,care and supervision of the trained professional sepecial teacher the visually impaired are trained on Braille education. All the educational equipments are made avail to the trainees freely. Besides this the visually impaired are trained on orientation & mobility, daily living skills etc. Proper counseling services are provided y the social worker to rebuild their confidence to face the challenges for their survival.



Other activities-

Different kinds of activities are also carried out in order to provide the support and assistance to the disabled people for the purpose of securing their life and dignity. The organization puts its efforts to make advocacy with different reliable sources for drawing assistance for the economic growth of the disabled people. In regular interval for the purpose of sharpen their internal talent, intellectual and potentialities different competition are arranged by the SAKSHAM and certain prizes are distributed to build the interest of the disabled people. For their social integration and to build up the confidence level , the organisation motivate and encourage the disable to participate in national, state Paralympics completion. The students of the SAKSHAM have owned several prizes at national, state level Paralympics completion.



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